

Bulls & Bears Lunch Menu

38 South Potomac Street
301-791-0370

STARTERS

Blue Crab Wontons 16
Generously stuffed with our signature crab cake mix and fried golden brown served with sweet chili sauce

Blackened Ahi Tuna  17
Blackened tuna seared rare and served on a bed of seaweed salad with pickled ginger wasabi and soy sauce

Maryland Crab Dip 17
Served with toasted baguettes

Crab Fries 16
Old Bay seasoned fries with bacon, cheese sauce and pico topped with crab

Chicken Wings  14
A dozen chicken wings tossed in your choice of buffalo, Old Bay, BBQ or Thai chili sauce

Hummus  11
Served with pita bread and crackers
Add Mixed Veggies 4

Brussel Sprouts  8
Deep Fried brussels tossed in butter and dusted with ranch seasoning

Loaded Tortilla Chips 12
Tortilla chips dusted with ranch seasoning and topped with cheese sauce, bacon and pico. Served with a side of sour cream
Add Crab 6
Add Chicken 5

Lamb Lollipops 14
Pan seared and served with a house made onion mustard jam

Blackened Chicken Quesadilla 13
Flour tortilla with blackened grilled chicken, shredded cheddar, sautéed onion and chipotle ranch dressing. Served with a side of sour cream

SOUPS


Soup Du Jour 5/6
ask your server about our chef's daily special


French Onion 7

Maryland Crab 7/9

SALAD

Add Protein to any Salad
Chicken 5
Steak Tips 7
Shrimp 9
Salmon 7

House Salad  4/12
Romaine, onion, tomato, carrots and cucumber served with choice of dressing

Spinach Salad  4/12
Spinach, onion, tomato, cucumber and carrot served with wasabi dressing

Caesar Salad 4/12
Romaine, croutons and parmesan cheese served with house made caesar dressing

Black and Blue Salad 16
Romaine, sun-dried tomato, roasted red pepper, bleu cheese crumbles and crispy onion straws topped with blackened steak tips and served with balsamic vinaigrette

Pistachio Salmon Salad  19
Spinach, cranberries, crushed pistachios and bleu cheese crumbles topped with pistachio encrusted salmon and served with our house dressing

Hub City Salad 14
Romaine, carrot, tomato, cucumber, onion,bacon and shredded cheddar topped with blackened chicken and served with our house dressing

Southwest Salad 15
Romaine, toasted corn, black beans, tomato, onion, crispy wonton straws and shredded cheddar topped with blackened chicken and served with chipotle ranch dressing

SIDES

Brussel Sprouts 6

Shoestring Fries 4

Sweet Potato Waffle Fries 4

Kettle Chips 2

SANDWICHES

Served with Kettle Chips or Substitute Shoestring fries or Sweet Potato Waffle Fries for 2

Smoked Turkey BLT 14
Smoked turkey on toasted white bread with bacon, lettuce, tomato and mayo

Crab Cake 17
House made Maryland style crab cake topped with lettuce and tomato on a brioche bun and served with a side of tartar sauce

Chicken Breast 16
Buttermilk ranch brined chicken breast topped with pickles, lettuce, tomato and onion on a toasted brioche bun
Add Cheese .50

Reuben 15
Pastrami, sauerkraut, 1000 island dressing and swiss cheese on toasted rye

BURGERS


Served with Kettle Chips or Substitute Shoestring Fries or Sweet Potato Waffle Fries for 2

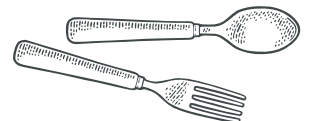
Mushroom Swiss Burger 15
Angus beef topped with sautéed mushrooms and swiss cheese

Chesapeake Burger 18
Angus beef topped with a Maryland style crab cake, cheddar cheese and Old Bay cream sauce

Cajun Elvis Burger 16
Blackened angus beef topped with cheddar cheese, peanut butter, siracha BBQ sauce, bacon and crispy onion straws

Hangover Burger 16
Angus beef topped with cheddar cheese, fried egg, bacon and crispy onion straws

Impossible Burger  14
Plant based patty topped with lettuce, tomato and onion



All Parties of 6 or more are subject to 20% gratuity
Consumption of undercooked meat, poultry or seafood may increase the risk of food-born illnesses
Please alert your server to and dietary restrictions