

Bulls and Bears

Restaurant & Pub

38 South Potomac Street

STARTERS

- BLUE CRAB WONTONS** 16
Generously stuffed with our signature crab cake mix and fried golden brown served with sweet chili sauce
- BLACKENED AHI TUNA** **GF** 17
Blackened tuna seared rare and served on a bed of seaweed salad with pickled ginger wasabi and soy sauce
- MARYLAND CRAB DIP** 17
Served with toasted baguettes
- CRAB FRIES** 16
Old Bay seasoned fries with bacon, cheese sauce and pico topped with crab
- CHICKEN WINGS** **GF** 14
A dozen chicken wings tossed in your choice of buffalo, Old Bay, BBQ or Thai chili sauce
- HUMMUS** **V** 11
Served with pita and crackers
Add Mixed Veggies 4
- BRUSSEL SPROUTS** **V** 8
Deep fried brussels tossed in butter and dusted with ranch seasoning
- LOADED TORTILLA CHIPS** 12
Tortilla chips dusted with ranch seasoning and topped with cheese sauce, bacon and pico. Served with a side of sour cream
Add Crab 6
Add Chicken 5
- LAMB LOLLIPOPS** 14
Pan seared and served with a house made onion mustard jam
- BLACKENED CHICKEN QUESADILLA** 13
Flour tortilla with blackened grilled chicken, shredded cheddar, sautéed onion and chipotle ranch. Served with a side of sour cream

SOUP

- SOUP DU JOUR** 5/6
- FRENCH ONION** 7
- MARYLAND CRAB** 7/9

SALADS

- Add Protein
Chicken 5
Steak Tips 7
Shrimp 9
Salmon 7
- HOUSE SALAD** 4/12
Romaine, onion, tomato, carrots and cucumber.
Served with choice of dressing
- SPINACH SALAD** 4/12
Spinach, onion, tomato, cucumber and carrot served with cucumber wasabi dressing
- CAESAR SALAD** 4/12
Romaine, croutons and parmesan cheese served with house made caesar dressing
- BLACK AND BLUE SALAD** 16
Romaine, sun-dried tomato, roasted red pepper, bleu cheese crumbles, and crispy onion straws topped with blackened steak tips and served with balsamic vinaigrette
- SOUTHWEST SALAD** 15
Romaine, toasted corn, black beans, tomato, onion, crispy wonton straws and shredded cheddar topped with blackened chicken and served with chipotle ranch dressing
- PISTACHIO SALMON SALAD** **GF** 19
Spinach, cranberries, crushed pistachios and bleu cheese crumbles topped with pistachio encrusted salmon and served with our house dressing
- HUB CITY SALAD** 14
Romaine, carrot, tomato, cucumber, onion, bacon and shredded cheddar topped with blackened chicken and served with our house dressing

SANDWICHES

- Served with kettle chips
Substitute fries or sweet potato fries for 2
- SMOKED TURKEY BLT** 14
Smoked turkey on toasted white bread with bacon, lettuce, tomato and mayo
- CRAB CAKE** 17
Maryland style crab cake topped with lettuce and tomato on a brioche bun. Served with tartar sauce
- CHICKEN BREAST** 16
Buttermilk ranch brined chicken breast topped with pickles, lettuce, tomato and onion on a toasted brioche bun.
Add Cheese .50
- REUBEN** 15
Pastrami, sauerkraut, 1000 island and swiss on toasted rye

BURGERS

Served with kettle chips
Substitute fries or sweet potato fries for 2

MUSHROOM SWISS BURGER 15
Angus beef topped with sautéed mushrooms and swiss cheese

CHESAPEAKE BURGER 18
Angus beef topped with Maryland style crab cake, cheddar cheese and Old Bay cream sauce

CAJUN ELVIS BURGER 16
Blackened angus beef topped with cheddar cheese, peanut butter, siracha BBQ sauce, bacon and crispy onion straws

HANGOVER BURGER 16
Angus beef topped with cheddar cheese, fried egg, bacon and crispy onion straws

IMPOSSIBLE BURGER  14
Plant based patty topped with lettuce, tomato and onion

PASTA

Served with a dinner roll

CHICKEN AND SPINACH GNOCCHI 16
Grilled chicken, roasted red peppers, spinach and gnocchi in a house made feta cream sauce topped with feta crumbles and parmesan cheese

VEGETABLE GNOCCHI  14
Mushrooms, red onion, sun-dried tomato, artichoke and gnocchi in a house made blackened cream sauce topped with bleu cheese crumbles
Add Chicken 5
Add Shrimp 9
Add Steak Tips 7

SPAGHETTI AND MEATBALLS 15
House made marinara with meatballs and topped with parmesan cheese served over spaghetti noodles

CHICKEN FETTUCCINE ALFREDO 17
Grilled chicken and broccoli in a house made alfredo sauce topped with parmesan cheese and served over fettuccine noodles

ENTRÉES

Add Shrimp 9
Add Crab Cake 14

STEAK TIPS 22
Hand cut filet tips with sautéed mushrooms & onions in a demi galcé served with mashed potatoes and broccoli

RIBEYE 27
10oz Hand cut ribeye finished with a demi galcé and served with roasted red potatoes and asparagus

CRAB CAKES 34
Two Maryland style crab cakes served with risotto and broccoli

ROASTED CHICKEN 22
Roasted chicken quarter finished with a demi glacé and served with mashed potatoes and broccoli

FILET 28
6oz Hand cut filet finished with a demi glacé and served with roasted red potatoes and asparagus

BACON WRAPPED PORK MEDALLIONS  26
Pan seared bacon wrapped pork medallions topped with house made cherry compote served with risotto and brussel sprouts

MEATLOAF 22
Our signature house made meatloaf finished with a demi glacé and served with mashed potatoes and broccoli

CHICKEN CHESAPEAKE 30
Flour dusted chicken breast topped with a Maryland style crab cake served with risotto and finished with an Old Bay cream sauce

PISTACHIO CRUSTED SALMON  24
Oven baked salmon topped with crushed pistachios and house dressing served with roasted red potatoes and broccoli

SIDES

BRUSSEL SPROUTS 6

SHOESTRING FRIES 4

SWEET POTATO WAFFLE FRIES 4

KETTLE CHIPS 2

All parties of 6 or more are subject to 20% gratuity

Consumption of undercooked meat, poultry, egg or seafood may increase the risk of food-born illnesses
Please alert your server if you have any dietary restrictions